



GENERAL INFORMATION

Swimming Canada rules govern this competition. Competition Rules or procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook. This meet is open to qualified Swimming Canada registered swimmers and World Aquatics, and World Para Swimming registered foreign swimmers (swimmers registered with foreign swimming federations or swimmers on the World Para Swimming Master List swimmers). Please reference [Swimming Canada Rulebook](#) for eligibility rules (I.C5.1.1 and I.C5.1.2).

For Paralympic Program events, Competition Rules and procedures contained in this Meet Information package supersede those found within the World Para Swimming Technical Rules and Regulations.

Competition Host - Swimming Canada & Edmonton Keyano Swim Club

Venues

Kinsmen Sports Centre
9100 Walterdale Hill, Edmonton, AB T6E 2V3

Pool

10-lane 50m competition pool
6-lane 50m warm-up pool

KEY DATES

Meet Entry Deadline & Classification Request Deadline	Tuesday, March 24, 2026: 11:59pm Pacific time.	
Dates of Domestic Classification	April 7, 2026	
Registration	Tuesday, April 7, 2026	Wednesday, April 8, 2026
	3:30pm – 7:30pm	7:30am – 11:30am 3:30pm – 7:30pm
	All coaches and support staff must register themselves in person. Registration will be available during warm-up periods only once the competition begins. No exceptions.	
Pre-Event Training	Tuesday, April 7, 2026	Wednesday, April 8, 2026
	4:00pm – 8:00pm	8:00am – 12:00pm 4:00pm – 8:00pm
Technical Meeting	Wednesday, April 8, 2026 at 3:00pm	
Competition Start Times	Heats: 8:00am warm-up / 9:30am start Finals: 3:30pm warm-up / 5:00pm start	

ORGANIZING COMMITTEE

Swimming Canada Events Manager	Rebecca Cheverton	rcheverton@swimming.ca
National Meet Director	Iris Jackson	iris.jackson@albertacoach.ca
National Meet Referee	Peter Burke	peterburke@shaw.ca
Para Swimming Technical Advisor	Jeff Holmes	jeff_holmes@bell.net
Swimming Canada Meet Entry Coordinator	Darren Richer	dricher@swimming.ca
Local Officials Coordinator	Stephanie Slee	officials@eksc.com
Swimming Canada Classification Manager	Mike Edey	medey@swimming.ca

SAFE SPORT

Swimming Canada believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Swimming Canada is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete



and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

All participants in this event are reminded that they are bound by Swimming Canada's Policies and Procedures.

Swimming Canada would like to remind coaches and their athletes that deck changing is strongly discouraged. Athletes are asked to please use the facility's change rooms, or on-deck changing tents if available. Coaches are asked to also discourage deck changing and help keep the sport safe for everyone involved.

Photography/Videography

- a. In order to minimize risk, all photographs and video taken at Swimming Canada sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.
- b. The full details on the Event Photography and Videography Procedure can be found [HERE](#)

QUALIFYING STANDARDS

[2026 Swimming Canada Standards](#)

Olympic Program Qualification – 2026 Canadian Swimming Open Standards.

Paralympic Program Qualification – 2026 Canadian Open Para standards. Swimmers must qualify for the meet with at least one Canadian Open Para MQS and each subsequent event with a Canadian Open Para MET.

A competitor's age is their age as of the first day of the competition, April 9, 2026.

Qualification Period

For the Olympic Program events, times performed Long Course or Short Course since September 1, 2024, are eligible for all event entries.

For the Paralympic Program events, only times performed Long Course since September 1, 2024, are eligible for all event entries.

Paralympic Program- Classification Status for Entry

Canadian club competitors must have a minimum of a level 2 classification status. Foreign Para swimmers, regardless of nation, must also appear on the World Para Swimming Master List, or submit a letter signed by the Executive Officer of their National Paralympic Committee confirming their National Sport Class.

ENTRY FEES & INFORMATION

Entry Fee: \$150 CAD per Swimmer

Entry Fee after the Entry Deadline:** \$200 CAD

Change Fee: \$100 CAD per change or correction

Foreign Coaches/Support Staff: \$125 CAD

Late Support Staff or Coach Entry Fee: \$150 CAD

**New qualifiers between the entry deadline and technical meeting are only charged the entry fee. All other late entries will only be accepted until the technical meeting on April 8.

Following the meet entry deadline, all participating Canadian clubs, Unattached Canadian swimmers and Foreign clubs and teams will receive an email with an invoice via Square for all fees owing. This invoice must



be paid prior to **April 7, 2026**, in order for entries to be considered final. Please note: the team that enters the swimmer is responsible for paying that swimmer's fees.

Entry Process

Canadian club entries must be submitted via the [REMS online entry system](#). For detailed instructions on how to submit entries please review the [REMS user guide](#).

Foreign entries must be submitted via the following JotForm: <https://form.jotform.com/253225725623253>
The meet entry file for foreign entries can be found on the [2026 Canadian Swimming Open Event Page](#).

All Canadian club and varsity coaches, as well as support staff attending the event must be included in the club entry submission to receive accreditation. Foreign coaches are asked to refer to the [Accreditation Policy](#) to ensure they are properly registered.

Qualifying Benefits – Olympic Program

Please refer to the chart to see which events swimmers can enter as qualifying benefits:

If qualified in the following events:	Can enter the following events as qualifying benefit:
100 or 200 Backstroke	50, 100, 200 Backstroke
100 or 200 Breaststroke	50, 100, 200 Breaststroke
100 or 200 Butterfly	50, 100, 200 Butterfly
50, 100, 200, or 400 Freestyle	50, 100, 200, 400 Freestyle
800 or 1500 Freestyle	400, 800, 1500 Freestyle
200 IM or 400 IM	200, 400 IM

Meet Qualifying Standards (MQS) and Minimal Entry Times (MET) - Paralympic Program

Swimmers must achieve one Para swimming National Meet Minimal Qualifying Standard (MQS) in their own sport class. Additional entries may be made in eligible events provided the swimmer has the 2026 Canadian Open Para standards (MET). All events with a qualifying standard will advance to finals.

If an event is not offered for a specific Sport Class, an athlete may enter the event and be eligible for finals in the higher sport class provided that the athlete has attained the MET for the event in the higher sport class. Eligible entries are restricted to those in the same impairment category (S/SB/SM 1-10, S/SB/SM 11-13) only. Scoring and advancement to finals will be based on the sport class of the event though results after the competition will accurately report the sport class of the swimmer. For example, a swimmer with an SM4 sport class wishing to swim the 200 IM may do so provided they have the MET in the 200 IM in the SM5 sport class. Their advancement to finals and eligibility for awards will be based on their score as an SM5 but the record of results will show their performance as SM4. Please send an email to the entry coordinator (driher@swimming.ca) to identify if your swimmer will be swimming in a higher sport class and indicate for which events.

Athletes with sport class NE SB9 NE are eligible to enter up to a maximum of 2 events in the S/SM10 sport class events provided they meet the S/SM10 MET in each event. These swims will be exhibition only and will be swum in the preliminary session.

Para swimmer devices / Bathing suit modifications

Paralympic Program equipment i.e., starting devices, tapping devices and bathing suit modifications (as per swimmers' codes of exception) must be approved prior to their use in competition. This can be done at the end of the technical meeting or during warm up prior to the start of the session.

Late Entries, Changes and Corrections



Changes and corrections can be made up to the meet entry deadline without penalty. Late entries will be accepted until the technical meeting for the fee outlined in the Entry Fee section. After acceptance, any changes will incur a \$100 fee per change. No changes will be accepted after the technical meeting.

Athletes achieving their first qualifying swim between March 24 and April 8, 2026, may be added without penalty, and only the base entry fee will apply. New qualifying swims that are performed after the entry deadline, achieved between March 24 and April 8, 2026, are exempt from the \$100 change fee and may be added without penalty.

Foreign Swimmers

Foreign competitors (other than members of USA Swimming) must be members in good standing of their respective World Aquatics or World Para Swimming recognized federation and must submit a letter from their federation indicating this standing. The letter must be submitted to Rebecca Cheverton (rcheverton@swimming.ca) prior to the meet entry deadline. Foreign Para swimmers, regardless of nation, must also appear on the World Para Swimming Master List, or submit a letter signed by the Executive Officer of their National Paralympic Committee confirming their National Sport Class and Codes of Exception.

Proof of Times

Individual Events: All entries will be proven via the on-line entry system. Any times achieved outside of Canada should be uploaded to the Registration and Events Management System (REMS) using the [International Results Submission form](#). Any Foreign teams with non-validated times in their meet entry submission report must be proven by the meet entry deadline. The Meet Entry Coordinator may challenge any entry time before or during the competition.

Proof of time for Para swimming entry times must be submitted as long course times.

It is the responsibility of the Club entering the swimmers to validate any entry times, if requested by the entry coordinator. Non-validated entry times will result in swimmer's removal from the event.

Swimming Canada Relay Initiative

As part of the new Swimming Canada Relay Strategy, Provincial Team Relays have been added to the event program. Six teams representing 1. British Columbia, 2. Alberta, 3. Saskatchewan/Manitoba, 4. Ontario, 5. Quebec 6. Atlantic Provinces will compete at the end of each finals session (Day 1 - Female & Male 4x100 MR, Day 2 - Female & Male 4x100 FR, Day 3 - Mixed 4x100 MR).

These events will be scored using the following scoring system, 7-5-4-3-2-1, to determine the overall winner.

Representatives from each province or region will determine the team rosters.

ADMINISTRATIVE INFORMATION

Psych Sheets

Psych sheets will be posted on Swimming Canada's web site following the meet entry deadline.

Scratches

All scratches after the entry deadline must be submitted through the [online scratch form](#) for the event.

Scratch deadlines

Preliminaries & Timed-Final events

Day 1; Preliminaries and Timed-Final events: 30 minutes following the Technical Meeting

Day 2 to 3; Preliminaries and Timed-Final events: 60 minutes following the start of Finals the previous evening.

Finals

30 minutes following the completion of the Preliminary events (excluding timed-final events).



Penalty

All penalties must be paid in accordance to Swimming Canada rule SNC 3.4.

PARA SWIMMING CLASSIFICATION

There will be Level 3 sport class evaluation conducted at this event. Level 3 Classification applications can only be submitted by a PSO. Coaches wishing their swimmer to undergo Level 3 evaluation should contact their PSO. Coaches wishing their Visually Impaired (S/SB/SM 11-13) or Intellectually Impaired (S/SB/SM 14) swimmers to complete their Technical Assessment must contact the Domestic Classification Manager (Mike Edey medey@swimming.ca) directly before the entry deadline.

All swimmers must achieve at least one MQS in their current sport class to attend the event. To be seen for Level 3 sport class evaluation they must have achieved the MET for both of their Observation Assessment (OA) events. Swimmers will not be given an exemption to swim OA events for the purpose of classification.

To present for sport class evaluation swimmers must be qualified to race both of their Observation Events by the entry deadline. There are no bonus events for the purpose of classification.

The OA events are 50m breaststroke (SB1-SB3), 100m breaststroke (SB4-SB9), 200m freestyle (S1-S5), 400m freestyle (S6-S10).

Canadian swimmers who have never been assigned a Domestic Level 3 Classification or have an outstanding Level 3 Review date year of 2026 (or before) may apply for classification. Swimmers requesting sport classification are required to submit a request online by the entry deadline of March 24, 2025.

If a swimmer has not been previously classified Level 3 or if they have a Level 3 review status, they should enter with their current Level 2, or current Level 3, sport class. Adjustments may be made as necessary following the classification appointment, and before the start of the competition.

Classification will take place on April 7, 2026. You will receive notice of your classification appointment day and time via email from the Swimming Canada Domestic Classification Manager, Mike Edey. All athletes must plan their travel, so they are available for classification starting at 8am on April 7, 2026.

d/DEAF OR HARD OF HEARING ACCOMMODATIONS

This competition can provide the following accommodations for swimmers who are d/Deaf and Hard of hearing:

- non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as support staff.
- Visual Start hand signals given by the starter/referee.
- Facility or Swimming Canada-Provided Strobe Light: An external strobe light is available at this competition

Clubs are to contact Meet Management by the Entry Deadline of the need for accommodations.

Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.

COMPETITION INFORMATION

Misconduct Provisions

Effective **September 1, 2026, Rule C.2.3.2.1 (Misconduct Provisions)** will be enforced. The rule, along with guidance on this rule for officials can be found below and in the [Swimming Canada rulebook](#).



2.3.2 The Starter shall report a swimmer to the Referee for delaying the start, for willfully disobeying an order or for any other misconduct taking place at the start, but only the Referee may disqualify a swimmer for such delay, willful disobedience or misconduct.

C2.3.2.1 For the purposes of Rule II 2.3.2, “misconduct” shall include, but is not limited to:

- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

This update supports public health and facility hygiene standards as well as reducing facility/equipment damage and associated costs. From now through August 31, 2026, officials will apply an education-first approach – using calm reminders and warnings and penalizing only clear, deliberate acts (not incidental spray, coughing, or normal block foot adjustments).

Taping Review

For this event as per II.C15.3.2, a Taping Review Committee will be in place to review taping requests.

- Taping review will take place prior to each session during warmups. All reviews must be completed no later than 15 minutes prior to the start of the session.
- Taping Review Forms (available at the Admin Desk/available at this [link](#)) must be submitted to the National Meet Director one hour prior to prelims and one hour prior to finals.
- Coaches must ensure that taping is reviewed by the committee before the first session in which the athlete will swim with taping. If the athlete will wear identical taping for multiple sessions, it is not necessary to have the taping reviewed by the committee more than once.
- For internationally classified para swimmers, the Para Technical Advisor will be consulted and their recommendation will be followed to comply with World Para Swimming Rules and Regulations.
- Per WPS 6.6.2.1, all taping being used by para swimmers must be checked prior to each session.
- The committee’s decision will be final.
- Any swimmer who races with taping not approved by a Taping Review Committee will be disqualified.

Warm-up Safety Procedures

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in place. The full document can be viewed [here](#).

Starts

Starts will be conducted from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4. For Para swimming events starts will be conducted as per WPS 11.1 and WPS Appendix two, rule 1.2.3.1.

Backstroke Ledges

Backstroke ledges will be available for use. Swimmers shall be responsible for setting the device.

Official Splits

Any coach wishing to request a time for an interval shorter than the total distance of the event shall advise the Administration Desk 30 minutes prior to the commencement of the session in question, by submitting an Official Split Request form. This form is available at the Administration Desk on deck.

Preliminaries & Timed-Finals

Preliminary and timed-final heats will be swum in 10 lanes.



Paralympic Program Events Seeding

Preliminary events for each gender shall be seeded by time (regardless of Sport Class). There is no circle seeding.

Olympic Program Events Seeding

All Olympic program events will be seeded based on entry times, with non-conforming course times ranked after conforming course times, and qualifying benefits (bonus) last. This means: LC > SC > LC bonus > SC bonus.

Preliminary heats for all events less than 400m will be seeded slowest to fastest. The top 3 heats in each event will be swum circle seeded.

Preliminary heats of the 400m freestyle and 400m individual medley will be seeded slowest to fastest. The top 2 heats in each event will be swum circle seeded.

The 800m freestyle and 1500m freestyle will be swum as timed finals. The fastest 10 swimmers in each event will swim during finals; the remaining heat will be swum during prelims, seeded fastest to slowest, alternating gender.

Finals

For both Olympic and Paralympic Program finals, there are no limitations on foreign swimmers. They are permitted to swim as they qualify.

For the Olympic Program events, there will be an “A and “B” Finals for all individual events, including 50 backstroke, butterfly and breaststroke. Finals sequence: A final followed by B final.

For the Paralympic Program events, there will only be an “A” Final and finalists will be determined using the Canadian Paralympic Point System. A maximum of three (3) swimmers per sport class are eligible to advance to the Final.

Paralympic Program Finals will be seeded by time. If there is a tie by point score in a specific event for swimmers with the same sport class, the fastest preliminary time will advance to finals. If after the tie by point score, there is a tie by time in the same sport class, or if there is a tie by point score in a specific event for swimmers with different sport classes, there will be a swim-off. The swimmer with highest point score achieved in the swim-off will advance to finals.

Should empty lanes exist following the maximum of three (3) swimmers per sport class, any additional swimmers will be added to fill the “A” final according to the point scores. The additional swimmers added will swim as exhibition in finals and not be eligible for awards.

Swim-offs

All swim-offs are to be run by the end of the session in which the tie occurred at a time mutually agreed upon by coaches and officials.

ACCREDITATION INFORMATION

It is the responsibility of all relevant parties to review the Swimming Canada National Events Accreditation Policy for detailed information. You can access the policy here: <https://www.swimming.ca/event-resources/>.

Access to the pool deck is **only** for registered participants of the event holding an accreditation. All members on the pool deck must be registered with a club, PSO, or Swimming Canada.

No children of any registrant are permitted on deck or in the pool during pre-meet training or the competition.



All Canadian club & varsity coaches attending the meet **must** have their name and information submitted in the club's entry submission. If a coach will **not** be submitting entries for their athletes but will be attending the meet, please contact rcheverton@swimming.ca to be added to the accreditation list. As well, varsity coaches attending without submitting entries must fill out [this form](#) to identify the swimmers they will be coaching at the competition.

Any coaches who will have swimmers attending and reporting to an alternate coach are required to advise Swimming Canada using [this form](#).

AWARD & SCORING INFORMATION

Medals for first, second and third placed swimmers in both Olympic and Paralympic Program events. If a swimmer is unable to attend their medal ceremony, their club is asked to send a fully uniformed substitute swimmer in their place.

There will be a Team trophy awarded to the team with highest point score.

Meet Scoring

Individual events, places 1 – 20: 50-30-20-19-18-17-16-15-14-13 and 12-9-8-7-6-5-4-3-2-1

DOPING CONTROL

Participants registered for this event must be aware that doping control may be conducted by the Canadian Centre for Ethics in Sport (CCES) in accordance with the Canadian Anti-Doping Program. All athletes attending this event must bring picture identification in order to verify identity upon selection.

To avoid a positive test and the consequences of an anti-doping rule violation, athletes are encouraged to take the following steps:

- **Check your medications:** Use the Global DRO (<http://www.globaldro.com/>) to determine if any prescription or over-the-counter medications or treatments you are using are banned by the WADA Prohibited List.
- **Review your medical exemption requirements:** If you require the use of a banned medication for a legitimate medical reason visit (<http://cces.ca/medical-exemptions>) to obtain information and instructions about how to apply for a medical exemption, for example: TUE – Therapeutic Use Exemption.
- **Learn about the doping risks associated with supplements:** Do not use supplements or take significant precautions prior to doing so. Supplement products cannot be verified by the CCES or in the Global DRO. A lack of industry and government regulation makes it impossible to confirm their ingredients. Find out more at <http://cces.ca/supplements>.
- **Review the sample collection procedures:** This short video will take you step-by-step through doping control (<http://cces.ca/sample-collection-procedures>).
- **Contact the CCES with any questions:**
 - Email: info@cces.ca
 - Call toll-free: 1-800-672-7775
 - Online: <https://cces.ca/contact-us>

SITE INFORMATION

Hospitality – Officials & Coaches - A hospitality room will be available for officials and coaches for snacks and refreshments. Meals are reserved for Officials only.

Parking

Free onsite parking is provided.

Lockers



Lockers are available free of charge in all change rooms – bring your own locks.

TRAVEL INFORMATION

Hotel Accommodations – <https://www.swimming.ca/hotels/>

Swimming Canada Rental Car Partner - AVIS Rent a Car - for bookings visit <https://www.swimming.ca/travel-tools/>

Updates to this Document

For information and updates to this document please refer to the Swimming Canada web site www.swimming.ca.

This document has been prepared in English and translated to French. Where there is a discrepancy between the two versions, the English version shall be applied.



MEET PROGRAM

PRELIMINARIES/PRÉLIMINAIRES			FINALS/FINALES		
WARM-UP/ÉCHAUFFEMENT 8h00-9h15			WARM-UP/ÉCHAUFFEMENT 15h30-16h45		
START/DÉBUT 9:30			START/DÉBUT 17h00		
DAY/JOUR 1 – THURSDAY/JEUDI					
301	100M FREE/LIBRE (PARA)	302	301	100M FREE/LIBRE (PARA)	302
1	400M IM/QNI	2	1	400M IM/QNI	2
3	100M BACK/DOS	4	3	100M BACK/DOS	4
303	50M BACK/DOS (PARA)	304	303	50M BACK/DOS (PARA)	304
5	50M BREAST/BRASSE	6	5	50M BREAST/BRASSE	6
7	200M FREE/LIBRE	8	7	200M FREE/LIBRE	8
305	200M IM/QN (PARA)	306	305	200M IM/QN (PARA)	306
9	200M FLY/PAP	10	9	200M FLY/PAP	10
11	1500M FREE/LIBRE (SH/SL)	12	11	1500M FREE/LIBRE (FH/SR)	12
			401	4x100M MR/QN (Provincial)	402
DAY/JOUR 2 – FRIDAY/VENDREDI					
307	400M FREE/LIBRE (PARA)	308	307	400M FREE/LIBRE (PARA)	308
13	50M BACK/DOS	14	13	50M BACK/DOS	14
309	150M IM/TNI (PARA)	310	309	150M IM/TNI (PARA)	310
15	100M FREE/LIBRE	16	15	100M FREE/LIBRE	16
311	100M FLY/PAP (PARA)	312	311	100M FLY/PAP (PARA)	312
17	200M BREAST/BRASSE	18	17	200M BREAST/BRASSE	18
313	50M BREAST/BRASSE (PARA)	314	313	50M BREAST/BRASSE (PARA)	314
19	50M FLY/PAP	20	19	50M FLY/PAP	20
315	100M BACK/DOS (PARA)	316	315	100M BACK/DOS (PARA)	316
21	800M FREE/LIBRE (SH/SL)	22	21	800M FREE/LIBRE (FH/SR)	22
			403	4x100M FR/RL (Provincial)	404
DAY/JOUR 3 – SATURDAY/SAMEDI					
317	50M FLY/PAP (PARA)	318	317	50M FLY/PAP (PARA)	318
23	100M FLY/PAP	24	23	100M FLY/PAP	24
25	200M BACK/DOS	26	25	200M BACK/DOS	26
319	100M BREAST/BRASSE (PARA)	320	319	100M BREAST/BRASSE (PARA)	320
27	200M IM/QNI	28	27	200M IM/QNI	28
321	200M FREE/LIBRE (PARA)	322	321	200M FREE/LIBRE (PARA)	322
29	100M BREAST/BRASSE	30	29	100M BREAST/BRASSE	30
31	400M FREE/LIBRE	32	31	400M FREE/LIBRE	32
323	50M FREE/LIBRE (PARA)	324	323	50M FREE/LIBRE (PARA)	324
33	50M FREE/LIBRE	34	33	50M FREE/LIBRE	34
			405	4x100M MR/QN MIXED (Provincial)	