



#### **Meet Information**

MEET NAME	2025 New Years Cup		
DATE(s):	Jan. 10-12, 2025		
HOSTED BY:	Etobicoke Swim Club		
LOCATION:	Etobicoke Olympium, 590 Rathburn Road, Etobicoke ON, M9C 3T3		
FACILITY:	Two 8 lane x 25m pools Swiss Timing: OBS11 Starting Blocks Quantum Aquatics Timing System Omega OCP5 Touch Pads OBL2 PRO Backstroke Ledges (offered to 13&O swimmers at this event)		
PURPOSE & DESCRIPTION:	To provide racing opportunities for Age Group Swimmers		
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on <a href="www.swimming.ca">www.swimming.ca</a> and the Swimming Canada Registration and Event Management System (REMS).		
LAST UPDATE:			

#### **Competition Organizing Committee**

ROLE	NAME	EMAIL	LEVEL
COMPETITION COORDINATOR:	Janet Morrison Janice Charles	jk.n.ken@gmail.com Jdcharles9@rogers.com	V IV
MEET MANAGERS:	Elizabeth Skuriat Jeremy Service	elizabeth.skuriat@eswim.ca jservice@documentsolutions.ca	
ENTRY & RESULTS MANAGEMENT:	Charlotte Carroll charlottecarroll1@gmail.com Steve Goodwin sdg9@rogers.com		
OFFICIALS COORDINATOR:	Elizabeth Skuriat	elizabeth.skuriat@eswim.ca	

#### **Safety at Competitions**

Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Only Swimming Canada registered active participants (swimmers, officials, certified coaches and support staff for the meet), facility personnel and authorized Swim Ontario personnel are allowed on deck during the competition.

All participants in this event are reminded that they are bound by Swimming Canada and Swim Ontario Policies and Procedures, including but not limited, to Swimming Canada's General Code of Conduct, their Equity, Diversity and Inclusion Policy, their Harassment Policy and the <a href="Swim Ontario Code of Conduct procedure">Swim Ontario Policies and Procedures</a> or Safe Sport please visit the Swim Ontario website <a href="https://www.swimontario.com/sport-safety">https://www.swimontario.com/sport-safety</a> or <a href="www.swimming.ca/safesport">www.swimming.ca/safesport</a>





The <u>Swim Ontario Concussion Management</u> & Swimming Canada Event Photography and Swim Ontario Event Photography procedures will be in effect. For complete details click HERE.

Every club and its participants are responsible for ensuring all facility rules and requirements are followed.

#### **Competition Rules**

Sanctioned as an Age Group Swimming Invitational by Swim Ontario.

All current Swimming Canada rules will be followed.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario provided the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Please note that <u>Swimming Canada Competition Warm-Up Safety Procedures</u> and Swim Ontario warm-up safety rules will be in effect. Details HERE

AGE UP DATE:	The competitor's age is as the first day of the competition.			
DIVE STARTS:	As per the Facility Rules for Dive Starts, this competition Starts will be conducted as follows:  A. from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 from both ends			
d/DEAF AND HARD OF HEARING ACCOMMODATION :	<ul> <li>This competition can provide the following accommodations for swimmers who are d/Deaf and Hard of hearing:         <ul> <li>non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as support staff.</li> <li>Visual Start hand signals given by the starter/referee.</li> <li>Visual Start Strobe Light options</li></ul></li></ul>			

#### **Eligibility**

All athletes must be registered as <u>Competitive</u> swimmers with Swimming Canada and possess a valid Swimming Canada registration number. Entries submitted without a valid registration number and active status in the Swimming Canada Registration and Event Management System (REMS) at the time of the competition will be denied entry. It is the responsibility of the swimmer's club to provide proof of active registration status in REMS.





ADDITIONAL
ELIGIBILITY
INFORMATION:

A. Pre-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition. Pre-competitive swimmers will compete as Exhibition and not be eligible for scoring or awards.

# COACH & SUPPORT STAFF REGISTRATION:

Meet management will cross reference the **list of coaches submitted with entries** at this competition with the <u>Swim Ontario Compliance lists</u>. If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

Swimmers must have a coach or designated coach (coach representative) in attendance during the meet including warm-up sessions.

Clubs needing Support Staff for Para or d/Deaf/Hard of Hearing swimmers must register them in the Swimming Canada Registration and Event Management System (REMS) to access the deck at competitions. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.

# FOREIGN TEAMS / COMPETITORS:

The following applies to Teams and their competitors not affiliated with Swimming Canada. Swimmers registered as active with a Swimming Canada ID are considered domestic.

- A. Foreign Teams and their competitors are welcome, subject to the following provisions.
  - Proof of TEAM Liability Insurance for a minimum of \$2,000,000 is required naming Swim Ontario on the Insurance certificate.
  - All foreign competitors must be registered with an amateur swimming organization recognized by World Aquatics.
  - All foreign competitors and coaches must be duly registered and residents of the governing body for which they are competing.
  - All competitors and coaches must be in good standing with their respective governing swim body.
  - O All foreign competitors and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the <a href="Proof of Residence and Registration Status form">Proof of Residence and Registration Status form</a> to Swim Ontario no later than 7 days prior to start of competition along with the insurance certificate.
  - Foreign Team entries are not to be accepted by the host club until Swim Ontario approval.

#### **Entry Process**

### ENTRY SUBMISSIONS:

Entries must be submitted through the Swimming Canada Registration and Events System (REMS) and must include all attending coaches and support staff.

Meet management will:

- not accept entries via email;
- notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries;
- notify clubs of any meet format changes or designated warm-up times at least 5 days (for TIER II sanctions) and 10 days (for TIER III & IV sanctions) prior to the start of the competition

Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.





ENTRY DEADLINE:	The online entry deadline is January 2nd. Changes accepted until noon January 7th.			
ENTRY FEE:	The following fees will apply for this competition:  A. Individual Events 200M&less: \$15.00 400M&more:\$20.00 Swimmer Surcharge: \$8.00			
ENTRY LIMITS:	The following limits are in place for this competition:  A. The maximum number of participants per session is 450.			
RELAY ENTRIES:	Teams may move up no more than two (2) swimmers from a younger age category to fill a relay.  A mixed relay must have 2 girls and 2 boys. No other combination is allowed. The first leg of a mixed relay is not an official time. Requests for official splits are not allowed for mixed relays.			
ENTRY TIMES &	A. Entries can be submitted with No Time (NT).			
CONVERSION:	B. Estimate entry times are accepted.			
	C. Entry Times may be converted (LCM to SCM) at 2%			

### **Schedule of Sessions**

Session #	<u>Date</u>	Warm-up period	Start of session	Approx. Finish of session	<u>Time</u> <u>Final/Heats</u> <u>/Finals</u>
1 (13&0)	Fri 10 Jan	8:00-8:55 am	9:00 am	12:00 pm	Time Finals
2 (12&U)	Fri 10 Jan	12:00-12:55 pm	1:00 pm	5:00 pm	Time Finals
3 (Open)	Fri 10 Jan	5:00-5:55 pm	6:00 pm	8:00 pm	Time Finals
4 (13&0)	Sat 11 Jan	8:00-8:55 am	9:00 am	12:00 pm	Time Finals
5 (12&U)	Sat 11 Jan	12:00-12:55 pm	1:00 pm	5:00 pm	Time Finals
6 (Open)	Sat 11 Jan	5:00-5:55 pm	6:00 pm	8:00 pm	Time Finals
7 (13&0)	Sun 12 Jan	8:00-8:55 am	9:00 am	12:00 pm	Time Finals
8 (12&U)	Sun 12 Jan	12:00-12:55 pm	1:00 pm	5:00 pm	Time Finals
9 (Open)	Sun 12 Jan	5:00-5:55 pm	6:00 pm	8:00 pm	Time Finals

#### **Meet Format & Administration**

MIXED- GENDER:	An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.  In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee ensures that the swimmer competes with competitors of the same gender for his/her heat.  In the event that mixed gender swims are permitted; the results must still be posted separately by gender of swimmers.
SEEDING:	After all times are converted as pursuant to the conversion process:  A. Seeding for Timed Final events will be in order of entry times, slowest to fastest.  Swimmers entered with NT (no time) will be seeded last.





All accepted Deck Entries are Exhibition Only and are not eligible for scoring or awards. No new heats will be created for deck entries (only empty lanes, if available).  The following are the Deck Entry Rules for this competition:  A. Swimmer Deck entries are permitted provided proof of active registration status with valid Swimming Canada ID is provided to Meet Management.  a. Fee: \$20.00
The following are the Scratch deadlines for this competition.
A. There is no scratch deadline for all events.
The following are the Positive Check-in deadlines for this competition.
A. There is no positive check-in required for this competition.
A. No penalty shall be imposed for late or day of scratches and No-Shows
Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee at least 30 minutes prior to the commencement of the event  A. Official Split Forms will be available at the Admin Desk.  B. Fee: \$2.00 to cover admin and Swim Ontario Gold Bonus charge.  C. Not all official split requests may be accepted
A. Swim times achieved at this competition will be eligible for Provincial and National Records. Swim Ontario has a certified pool length survey for the aforementioned swimming pool.
<ul> <li>Official Results will be posted within 24 hours of completion of the meet to www.swimming.ca</li> <li>A. Unofficial Results will be posted electronically at the meet.</li> <li>B. Unofficial mobile applications results will be available.</li> <li>A. Unofficial Live Results will be available.</li> </ul>
The following scoring will be applied:  A. 1 <sup>st</sup> to 24 <sup>th</sup> (34, 28, 27, 26, 25, 24, 23, 22, 20, 18, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1)
The following will be awarded:  A. Top performing visiting club prize (total points divided by number of swimmers)
ETOBICOKE OLYMPIUM AQUATIC EVENT PROCEDURES FOR MEET MANAGERS, OFFICIALS AND
<ol> <li>COACHES</li> <li>The Olympium Part Time Supervisor will be responsible for handling any problems that arise with space allocation or safety during the meet.</li> <li>Absolutely no food in the bleachers or on the pool deck.</li> <li>No running on the deck, under the bleachers or on the bleachers.</li> </ol>
4. No climbing across the railing between the gallery and the bleachers.
5. No climbing over the yellow gates between the pool deck and the bleachers.
6. Shoes must be worn whenever outside the pool or change room areas.
7. No diving off the starting blocks or bulkhead during warm-ups. Please slip or jump into the pool. It is recommended to designate lanes one and eight as sprint lanes in one direction only, for the last part of warm-ups.
8. The use of flippers and hand paddles, during warm-ups is prohibited.
9. Swimmers that are not competing are not to be in other areas of the building and are not to
upset the normal operation of the other departments.  Coaches are directly responsible for the supervision of their athletes at all times. This includes the pool area, change rooms, hallways, and all other areas of the Etobicoke Olympium





### **SCHEDULE OF EVENTS:**

	13 & O	
Female	Event	Male
1	200 IM	2
3	50 BACK	4
5	200 FLY	6
7	50 FREE	8
9	100 BREAST	10
Female 11	Event 200 IM	Male
Famala	12 & U	
11	200 IM	12
13	100 IM (10 & U)	14
15	50 BACK	16
17	200 FLY (11-12)	18
19	50 FREE	20
21	100 BREAST	22
SESSIC	ON 3: FRIDAY JANUARY 10 - EVE OPEN (MIXED)	NING
Female	Event	Male





SESSION 4: SATURDAY JANUARY 11 MORNING
13 & O

Female	Event	Male
23	100 FREE	24
25	200 BREAST	26
27	50 FLY	28
29	200 BACK	30

# SESSION 5: SATURDAY JANUARY 11 AFTERNOON 12 & U

Female	Event	Male		
31	100 FREE	32		
33	200 BREAST (11 & O)	34		
35	50 FLY	36		
37	200 BACK	38		

# SESSION 6: SATURDAY JANUARY 11 EVENING OPEN (MIXED)

Female	Event	Male
102	400 FREE	102
103	400 IM	103





# SESSION 7: SUNDAY JANUARY 12 - MORNING 13 & 0

Female	Event	Male
39	200 FREE	40
41	100 FLY	42
43	50 BREAST	44
45	100 BACK	46

# SESSION 8: SUNDAY JANUARY 12 - AFTERNOON 12 & U

Female	Event	Male
47	200 FREE	48
49	100 FLY	50
51	50 BREAST	52
53	100 BACK	54

# SESSION 9: SUNDAY JANUARY 12 - EVENING OPEN (MIXED)

Female	Event	Male
104	1500 FREE	104