

Revision 1: Revised entry deadline and swimmer fees

DATE(s):	December 15-17, 2023			REGIO	:NC	Central
HOSTED BY:	Mississauga Aquatic Club					
LOCATION:	Etobicoke Olympium 590 Rathburn Road, Etok	Etobicoke Olympium 590 Rathburn Road, Etobicoke, ON M9C 3T3				
FACILITY:	2 x 25 meter, 8 lane com	petition	indoor pool wi	:h electro	nic ti	ming
PURPOSE & DESCRIPTION:	To provide racing opport Invitational Age Group M All 400's & 800's will be 12 & Under events will be 13 & Over events will ha Finals will swim younger Meet Management reserve	Meet – 12 e timed for timed e timed eve Prelination	inals finals ms and A/B Fin est	als (top 1	6)	o qualifying standards or any less than 6 swimmers
MEET PACKAGE:	The only meet package v found on www.swimmin		l be considered	as valid r	must	be the most current version
COMPETITION	Bernard Richard		Level: I	V Emai	l: bri	chard5412yyz@gmail.com
COORDINATOR:	If Level 3 Referee is serving a	s CC, plea	se indicate that R	OR/Swim O	ntari	o approval has been granted $\square$
MEET MANAGER:	Michael Connors		Ema	il: conn	ormo	d@hotmail.com
SAFETY AT COMPETITION:	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The <a href="Swim Ontario">Swim Ontario</a> Concussion Management the <a href="Swimming Canada Event Photography">Swimming Canada Event Photography and Videography</a> and the Swim Ontario Event Photography procedures will be in effect. For complete details click <a href="HERE">HERE</a> . Every club and its participants are responsible for ensuring all facility rules and requirements are followed.					
COMPETITION RULES:	Sanctioned as an invitational by Swim Ontario.					
	All current Swimming Canada rules will be followed.  All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.  Please note that <a href="Swimming Canada Competition Warm-Up Safety Procedures">Swim Ontario warm-up Safety rules will be in effect. Details HERE</a> As per the Facility Rules for Dive Starts, this competition will be conducted as follows:					
	World Aquatics II.16.1.4 and 4.1,	$\boxtimes$	Starting Platfo	rms at	both	ends of pool
	Swimming Canada		Deck or Bulkh	ead at		
	C16.1.4.1, C4.1.1 & C4.1.2		In-Water at			
ELIGIBILITY:	All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry.					
	This event includes participants from the following clubs:  All Clubs					
		be given	to the host clu	b first.		



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		_	Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.0 hours.				
FOREIGN COMPETITORS:		competitors murecognized by V registered and I swimmers and I swim body. All the province /st may be green codocument as de Proof of Reside	Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by World Aquatics. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition.				
AGE UP DATE:	Ages	s submitted are to be	e as	December 15, 2023			
ENTRY DEADLINE:	No	vember 30,	202	3			
		nges to entries will b pted until	e	December 9, 2023			
ENTRY FEE:	$\boxtimes$	Individual Events: \$	315.00 (	50m to 200m), \$20.00	(400m	and 800m)	
	$\boxtimes$	Relay Events: \$25.00					
	$\boxtimes$	Swimmer Fee: \$10.	<mark>.00</mark>				
	Payr	Please make cheque payable to "Mississauga Aquatic Club" or by e-transfer to <a href="mailto:susanne@mississaugaswimming.com">susanne@mississaugaswimming.com</a>					
COACH'S REGISTRATION:	com man to at	petition with the <u>Sw</u> agement is obligated	im Onta d to enfe et mana	ario Compliance lists. I orce the Swimming Ca agement will forward S	f a coad nada po	ch is not on this list, meet olicy and not permit that coach ntario a list of coaches who they	
ENTRY LIMITS:	The	maximum number o	f partici	ipants per session is	320		
	-			ving number of swimm			
		maximum number o ies per swimmer is	f 3 ir	ndividual + 1 relay (per	session	n)	
ENTRY SUBMISSIONS:	ENT	RIES:	<b>'</b>				
		<ul> <li>Entries must be submitted through the Swimming Canada online entries system at <a href="www.swimming.ca">www.swimming.ca</a> and must include all attending coaches. Meet management will:</li> <li>not accept entries via email;</li> <li>notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries;</li> <li>notify clubs of any meet format changes or designated warm-up times at least 5 days prior to the start of the competition.</li> </ul>					
		ure to inform meet in nges to entries will r			scratch	n prior to the deadline for	



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	$\boxtimes$	NT entries are not permitted	NT entries are not permitted			
		Entries must be submitted using provable times, recorded during the qualifying period. Swimmers with provable times recorded during the qualifying period must submit those times and not enter swimmers with "NT".				
RELAYS:	relay. leg of	A mixed relay must have 2 girls and 2 boys. No other combination is allowed. The first a mixed relay is not an official time. Requests for official splits are not allowed for relays.				
	$\boxtimes$	Relay swimmers must be entered in a non-relay event in order to compete.				
	$\boxtimes$	The deadline for relay name submissions is	30 minutes before start of session			
CONVERSION:	$\boxtimes$	Entry times can be converted.				
SEEDING:		Seeding will be in the following order: Heats will be seeded slowest to fastest except in 400IM, 400 Free, and 800 Free seeded fastest to slowest. 800s will swim alternate gender. All entries must be submitted using short course times in meters (SCM). Please use Hy-Tek default conversion factor to convert LCM times to SCM times before submitting entries.				

### **SCHEDULE OF SESSIONS**

Session #	<u>Date</u>	Warm-up period	Start of	Approx. Finish	Time Final/Heats
			<u>session</u>	of session	/Finals
1	Friday	4:00 – 5:55PM	5:00 PM	9:00 PM	Time Finals
2	Saturday Prelims	8:00 – 8:55 AM	9:00 AM	12:30 PM	Heats
3	Saturday Afternoon	12:30 – 1:25 PM	1:30 PM	5:00 PM	Time Finals
4	Saturday Finals	5:00 - 5:55 PM	6:00 PM	8:30 PM	Finals
5	Sunday Prelims	8:00 – 8:55 AM	9:00 AM	12:30 PM	Heats
6	Sunday Afternoon	12:30 – 1:25 PM	1:30 PM	5:00 PM	Time Finals
7	Sunday Finals	5:00 - 5:55 PM	6:00 PM	8:00 PM	Finals

MIXED-GENDER:	An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.  In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.
	In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.

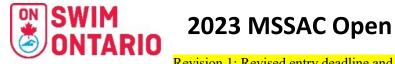


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CHECKIN AND	$\boxtimes$	Scratches are to be made at the Admin Desk 30 minutes prior to the start of each session.				
SCRATCHES:		There is a positive check in 30 minutes before the start of the session at the Admin Desk for the following events:		at the	400 Free and 800 Free	
	$\boxtimes$	A scra	atch deadline will apply f	or finals.		
		$\boxtimes$	30 minutes following th	he posting (	of results of last event of prelims sessions	
PENALTIES:		event check	Failure to participate in an event with a scratch or check-in deadline will results in following penalty:  \$50 fine for each offence (payable to Mississauga Aquatic Club), applies to initially named finalists and alternates for all 'Final' events, and all distance time finals (400m/800m).			
DECK ENTRIES:		Deck entries are permitted provided proof of registered status with valid Swimming Canada ID is provided to Meet Management. Deck Entries are Exhibition Only. They are not eligible for scoring or awards. Deck entries will be accepted for empty lanes only (no new heats will be created).				
		$\boxtimes$	Event Deck Entries are	permitted	for swimmers already entered in the competition.	
		$\boxtimes$	Deck Entry Fee is: \$20	(Individual)	, \$25 (Relay Team)	
OFFICIAL SPLIT TIMES:		Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee at least 30 minutes prior to the commencement of the session in which the event will take place.				
RECORDS:	$\boxtimes$	Swim times achieved at this event will be eligible for Provincial and National Records. Swim Ontario has a certified pool length survey for the aforementioned swimming pool.				
MEET RESULTS:	Offici	al Resu	Its will be posted within	48 hours o	f completion of the meet to <u>www.swimming.ca</u>	
	$\boxtimes$	The m	neet program will be run	on Hy-Tek	Meet Manager.	
	$\boxtimes$	Resul	ts will be posted as quicl	kly as possi	ble at the meet.	
	$\boxtimes$	Live R	esults / Meet Mobile are	e available.		
SCORING:	$\boxtimes$	No Scoring				
AWARDS:	$\boxtimes$	The following will be awarded:				
		<ul> <li>Individual Events: Medals 1st – 3rd, Ribbons 4th – 8<sup>th</sup></li> <li>Girls &amp; Boys: 10 &amp; Under, 11-12, 13-14, 15 &amp; Over</li> <li>Relay Events: Medals 1st – 3rd</li> <li>Girls &amp; Boys: 12 &amp; Under, 13 &amp; Over</li> <li>Awards will not be mailed. Coaches must pick them up at the end of the meet</li> </ul>				
ADDITIONAL INFORMATION:  SCHEDULE OF EVENTS:						

#### **SCHEDULE OF EVENTS:**

Session 1 – Timed Finals Friday, December 15, 2023							
	Warm-up: 4:00 PM Start: 5:00 PM						
Girls	Open	Boys					
1 400 Free 2							
3	800 Free	4					



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Session 2 – Prelims (Events 5- 18), Timed Finals (Events 19 & 20) Saturday, December 16, 2023 Warm-up: 8:00 AM Start: 9:00 AM				
Girls	13 & Over	Boys		
5	100 Fly	6		
7	200 Back	8		
9	50 Breast	10		
11	200 IM	12		
13	50 Back	14		
15	100 Free	16		
17	200 Breast	18		
19	4 x 50 Free Relay	20		

	Saturday, December 16, 2023 Warm-up: 12:30 PM Start: 1:30 PM	
Girls	12 & Under	Boys
101	100 Fly	102
103	200 Back	104
105	50 Breast	106
107	200 IM	108
109	50 Back	110
111	100 Free	112
113	200 Breast	114
115	4 x 50 Free Relay	116

Session 4 – Finals Saturday, December 16, 2023 Warm-up: 5:00 PM Start: 6:00 PM				
Girls	13 & Over	Boys		
5	100 Fly	6		
7	200 Back	8		
9	50 Breast	10		
11	200 IM	12		
13	50 Back	14		
15	100 Free	16		
17	200 Breast	18		



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Session 5 - Prelims (Events 21-32), Timed Finals (Events 33-36 & 1-2) Sunday, December 17, 2023

Warm-up: 8:00 AM -- Start: 9:00 AM

Girls	13 & Over	Boys
21	100 Back	22
23	200 Free	24
25	50 Fly	26
27	50 Free	28
29	100 Breast	30
31	200 Fly	32
33	4 x 50 Medley Relay	34
35	400 IM	36

Session 6 - Timed Finals Sunday, December 17, 2023

Warm-up: 12:30 PM Start: 1:30 PM					
Girls	12 & Under	Boys			
117	100 Back	118			
119	200 Free	120			
121	50 Fly	122			
123	50 Free	124			
125	100 Breast	126			
127	200 Fly	128			
129	4 x 50 Medley Relay	130			

Session 7 - Finals Sunday, December 17, 2023 Warm-up: 5:00 PM -- Start: 6:00 PM

Warm-up: 5:00 PM Start: 6:00 PM		
Girls	13 & Over	Boys
21	100 Back	22
23	200 Free	24
25	50 Fly	26
27	50 Free	28
29	100 Breast	30
31	200 Fly	32