

<b>DATE(s):</b>	14-15 October 2023	<b>REGION:</b>	Central
<b>HOSTED BY:</b>	Etobicoke Swim Club		
<b>LOCATION:</b>	Etobicoke Olympium, 590 Rathburn Road, Etobicoke ON, M9C 3T3		
<b>FACILITY:</b>	Two 8 lane x 25m pools, Swiss Timing		
<b>PURPOSE &amp; DESCRIPTION:</b>	To provide early season racing opportunities for Age Group Swimmers		
<b>MEET PACKAGE:</b>	The only meet package which will be considered as valid must be the most current version found on <a href="http://www.swimming.ca">www.swimming.ca</a>		
<b>COMPETITION COORDINATOR:</b>	Janet Morrison	Level: V	Email: <a href="mailto:jk.n.ken@gmail.com">jk.n.ken@gmail.com</a>
	If Level 3 Referee is serving as CC, please indicate that ROR/Swim Ontario approval has been granted <input type="checkbox"/>		
<b>MEET MANAGER:</b>	Romeo Marra	Email:	<a href="mailto:mm+hof@eswim.ca">mm+hof@eswim.ca</a>
<b>ENTRY &amp; RESULTS MGMNT</b>	<a href="#">Stanley Liu</a>	Email:	<a href="mailto:results@rectec.ca">results@rectec.ca</a>
<b>LIVE STREAMING</b>	RecTec Live Streaming	<a href="http://www.rectectv.ca">www.rectectv.ca</a>	
<b>SAFETY AT COMPETITION:</b>	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The <a href="#">Swim Ontario Concussion Management</a> the <a href="#">Swimming Canada Event Photography and Videography</a> and the Swim Ontario Event Photography procedures will be in effect. For complete details click <a href="#">HERE</a> .		
<b>COMPETITION RULES:</b>	<b>Sanctioned as an invitational by Swim Ontario.</b>		
	All current Swimming Canada rules will be followed. All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.		
	Please note that <a href="#">Swimming Canada Competition Warm-Up Safety Procedures</a> and Swim Ontario warm-up safety rules will be in effect. Details <a href="#">HERE</a> As per the Facility Rules for Dive Starts, this competition will be conducted as follows:		
	World Aquatics II.16.1.4 and 4.1, Swimming Canada C16.1.4.1, C4.1.1 & C4.1.2	<input checked="" type="checkbox"/>	Starting Platforms at
	<input type="checkbox"/>	Deck or Bulkhead at	
	<input type="checkbox"/>	In-Water at	
<b>ELIGIBILITY:</b>	All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry.		
	This event includes participants from the following clubs:	Open Invitational	
	<input checked="" type="checkbox"/>	Preference will be given to the host club first.	

	<input checked="" type="checkbox"/>	Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.
<b>FOREIGN COMPETITORS:</b>	<input type="checkbox"/>	Foreign competitors' entries will not be accepted
	<input checked="" type="checkbox"/>	Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by World Aquatics. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the <a href="#">Proof of Residence and Registration Status form</a> to Swim Ontario no later than 7 days prior to start of competition.
<b>AGE UP DATE:</b>	Ages submitted are to be as	14 October 2023
<b>ENTRY DEADLINE:</b>	<b>28 September 2023</b>	
	Changes to entries will be accepted until	9 October 2023
<b>ENTRY FEE:</b>	<input type="checkbox"/>	No Fee
	<input checked="" type="checkbox"/>	Individual Events - \$14.00 (\$0.50 per swim goes to support the Ontario Aquatic Hall of Fame)
	<input checked="" type="checkbox"/>	Relay Events - \$16.00
	<input checked="" type="checkbox"/>	Swimmer Fee - \$2.00 to be donated to the Sashbear Foundation (see <a href="https://sashbear.org/">https://sashbear.org/</a> for details)
	<b>Payment Method</b> (note payments from clubs only accepted)	<b>Please send e-transfer to <a href="mailto:office@eswim.ca">office@eswim.ca</a>.</b> E-transfer is preferred; however, cheques are accepted payable to Etobicoke Swim Club.
<b>COACH'S REGISTRATION:</b>	Meet management will cross reference the <b>list of coaches submitted with entries</b> at this competition with the <a href="#">Swim Ontario Compliance lists</a> . If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.	
<b>ENTRY LIMITS:</b>	The maximum number of participants per session is	425
	Each club is limited to the following number of swimmers	n/a
	The maximum number of entries per swimmer is	3 individual events & 1 relay per session
<b>ENTRY SUBMISSIONS:</b>	<p>Entries must be submitted through the Swimming Canada online entries system at <a href="http://www.swimming.ca">www.swimming.ca</a> and must include all attending coaches. Meet management will:</p> <ul style="list-style-type: none"> <li>not accept entries via email;</li> <li>notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries;</li> </ul>	

<b>ENTRY SUBMISSIONS:</b> (Continued)	<ul style="list-style-type: none"> <li>notify clubs of any meet format changes or designated warm-up times at least 5 days prior to the start of the competition.</li> </ul> <p>Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.</p>	
	<input checked="" type="checkbox"/>	NT entries are <del>not</del> permitted, but estimated times are appreciated for seeding purposes only
	<input checked="" type="checkbox"/>	Qualifying standard for entry is: No qualifying standard
	<input checked="" type="checkbox"/>	Qualifying period for entry to the meet is: No qualifying period
<b>RELAYS:</b>	Teams may move up no more than two (2) swimmers from a younger age category to fill a relay. A mixed relay must have 2 girls and 2 boys. No other combination is allowed. The first leg of a relay is not an official time. Requests for official splits are not allowed for mixed relays.	
	<input checked="" type="checkbox"/>	The deadline for relay name submissions is Updated relay cards brought to lane
<b>CONVERSION:</b>	<input checked="" type="checkbox"/>	Entry times may be converted at 2% conversion.
<b>SEEDING:</b>	<input checked="" type="checkbox"/>	Seeding will be in order of times entered, slowest to fastest, as converted pursuant to the conversion process as per meet package. Swimmers entered with NT (no time) will be seeded last.

## SCHEDULE OF SESSIONS

<u>Session #</u>	<u>Date</u>	<u>Warm-up period</u>	<u>Start of session</u>	<u>Approx. Finish of session</u>	<u>Time Final/Heats /Finals</u>
1	Sat 14 Oct	8:00-8:55 am	9:00 am	12:00 pm	Timed Finals
2A (Shallow)	Sat 14 Oct	12:00-12:55 pm	1:00 pm	4:00 pm	Timed Finals
2B (Deep)	Sat 14 Oct	12:00-12:55 pm	1:00 pm	4:00 pm	Timed Finals
3	Sun 15 Oct	8:00-8:55 am	9:00 am	12:00 pm	Timed Finals
4A (Deep)	Sun 15 Oct	12:00-12:55 pm	1:00 pm	4:00 pm	Timed Finals
4B (Shallow)	Sun 15 Oct	12:00-12:55 pm	1:00 pm	4:00 pm	Timed Finals

<b>MIXED-GENDER:</b>	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event. In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p>
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<b>CHECKIN AND SCRATCHES:</b>	<input checked="" type="checkbox"/>	There will be no scratch deadline for the following:	All Events. Scratches made on posted heat sheets are appreciated.
<b>PENALTIES:</b>	<input checked="" type="checkbox"/>	No scratch penalty shall be imposed for late or day of scratches or No-Shows	
<b>DECK ENTRIES:</b>	<input checked="" type="checkbox"/>	Deck entries are permitted provided proof of registered status with valid Swimming Canada ID is provided to Meet Management. Deck Entries are Exhibition Only. They are not eligible for scoring or awards. Deck entries will be accepted for empty lanes only (no new heats will be created).	
	<input checked="" type="checkbox"/>	Event Deck Entries are permitted for swimmers already entered in the competition.	
	<input checked="" type="checkbox"/>	Deck Entry Fee is \$ 20.00 per event	
<b>OFFICIAL SPLIT TIMES:</b>	<input checked="" type="checkbox"/>	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee at least 30 minutes prior to the commencement of the session in which the event will take place.	
<b>RECORDS:</b>	<input checked="" type="checkbox"/>	Swim times achieved at this event will be eligible for Provincial and National Records. Swim Ontario has a certified pool length survey for the aforementioned swimming pool.	
<b>MEET RESULTS:</b>		Official Results will be posted within 48 hours of completion of the meet to <a href="http://www.swimming.ca">www.swimming.ca</a>	
	<input checked="" type="checkbox"/>	The meet program will be run on Hy-Tek Meet Manager.	
	<input checked="" type="checkbox"/>	Results will be posted electronically as quickly as possible at the meet.	
	<input checked="" type="checkbox"/>	Live Results / Meet Mobile are available.	
<b>SCORING:</b>	<input checked="" type="checkbox"/>	No Scoring	
<b>AWARDS:</b>	<input checked="" type="checkbox"/>	The following will be awarded: <ul style="list-style-type: none"> <li>• Individual Events – Ribbons will be awarded to the top 8 finishers in the following age groups: 10&amp;U, 11, 12, 13, 14-15, 16&amp;O)</li> <li>• Relay Events – for fun only – no awards</li> <li>• <b>Bell prizes for heat winners selected at random</b></li> </ul>	
<b>ADDITIONAL INFORMATION:</b>		<b>ETOBICOKE OLYMPIUM AQUATIC EVENT PROCEDURES FOR MEET MANAGERS, OFFICIALS AND COACHES</b> <ol style="list-style-type: none"> <li>1. The Olympium Part Time Supervisor will be responsible for handling any problems that arise with space allocation or safety during the meet.</li> <li>2. Absolutely no food in the bleachers or on the pool deck.</li> <li>3. No running on the deck, under the bleachers or on the bleachers.</li> <li>4. No climbing across the railing between the gallery and the bleachers.</li> <li>5. No climbing over the yellow gates between the pool deck and the bleachers.</li> <li>6. Shoes must be worn whenever outside the pool or change room areas.</li> <li>7. No diving off the starting blocks or bulkhead during warm-ups. Please slip or jump into the pool. It is recommended to designate lanes one and eight as sprint lanes in one direction only, for the last part of warm-ups.</li> <li>8. The use of flippers and hand paddles, during warm-ups is prohibited.</li> </ol>	

	<p>9. Swimmers that are not competing are not to be in other areas of the building and are not to upset the normal operation of the other departments.</p> <p><b>Coaches are directly responsible for the supervision of their athletes at all times. This includes the pool area, change rooms, hallways, and all other areas of the Etobicoke Olympium</b></p>
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## SCHEDULE OF EVENTS:

<b>Session 1 – 14 &amp; Over (Shallow)</b>		
<b>Saturday 14 October 2023</b>		
<b>Warm-up: 8:00 AM -- Start: 9:00 AM</b>		
Women	Event	Men
1	100 Fly	2
3	50 Back	4
5	100 Breast	6
7	50 Free	8
9	200 IM	10
11	4x50 Free Relay	12

<b>Session 2 A &amp; B – 13 &amp; Under</b>		
<b>Saturday 14 October 2023</b>		
<b>Warm-up: 12:00 PM -- Start: 1:00 PM</b>		
<b>Women (Shallow)</b>	Event	<b>Men (Deep)</b>
13	100 Fly	14
15 (Deep End)	50 Back	16
17	100 Breast	18
19	50 Free	20
21	200 IM (11-13 years)	22
23	100 IM (10&Under)	24
25	4x50 Free Relay (12-13)	26
27	4x50 Free Relay (11&U)	28

<b>Session 3 – 14 &amp; Over (Shallow)</b>		
<b>Sunday 15 October 2023</b>		
<b>Warm-up: 8:00 AM -- Start: 9:00 AM</b>		
<b>Women</b>	<b>Event</b>	<b>Men</b>
29	100 Free	30
31	50 Breast	32
33	100 Back	34
35	50 Fly	36
37	200 Free	38
39	4x50 Medley Relay	40

<b>Session 4 A &amp; B – 13 &amp; Under</b>		
<b>Sunday 15 October 2023</b>		
<b>Warm-up: 12:00 PM -- Start: 1:00 PM</b>		
<b>Women (Deep)</b>	<b>Event</b>	<b>Men (Shallow)</b>
41	100 Free	43
<b>46 (Shallow)</b>	50 Breast	44
45	100 Back	46
47	50 Fly	48
49	200 Free	50
51	4x50 Medley Relay (11&U)	52
53	4x50 Medley Relay (12-13)	54